



Dunbar Day Centre Newsletter October 2024

Day Centre News

- **We are having some lovely Autumnal days so far, please remember to wrap up on the cold days.**
- **Sunday 6th October was the charity Hair cut day at Victorias. Victoria, Nadia, Elaine, Holly and Rhia all donated their day off and cut hair, all proceeds from the day have been donated to Dunbar Day Centre. The day was a huge success and more than £1400 was raised! Huge thanks to the ladies from Victorias, we are extremely grateful for what they have done.**
- **Our hedgehog house has had some visitors! So far, we have seen 2 cats and a wee mouse, sadly no hedgehogs yet.**
- **Our new furniture has arrived! Now the lounge is almost complete, we will be adding the interactive whiteboard very soon! We have also had the entrance area painted; we are aiming to make a quiet area for those who would like to have some quiet time.**
- **Saturday 30th November is the day of our open day. Come along between 10am – noon and check out the newly decorated areas and try out our new furniture! We will have teas and coffees, biscuits too. Everyone welcome, tell your friends!**

Outreach News

- **Nadia was out and about with a service user, they went to Whitekirk for a cuppa then sat at Foxlake in the sunshine watching the Wakeboarders.**
- **Kathryn was at Dunbar Harbour with a service user, and they spotted 2 seals!**

Members Information

- **We celebrated 4 birthdays in October, Kenny and Tom S, we all had cake and sang Happy Birthday! 2 of them were Outreach birthdays.**
- **Bethan the Chiropodist will be in the centre on Monday the 18th of November at 1045am. If you would like to be seen by her, please let us know and we can arrange this for you.**
- **We are starting to think about our Christmas Party. This year we will be having 2 separate days as there are too many of you to have all in the centre at the same time! Further details will be available soon.**
- **As more people attend the Day Centre this is affecting the bus times. We can't always fit everyone on the bus so are having to do 2 runs most mornings and afternoons. Please contact us if there are any issues.**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk