



Dunbar Day Centre Newsletter January 2025

Day Centre News

- **It's the start of a New Year, did you make any resolutions? Any new hobbies you want to start? Let us know, we could maybe start them together!**
- **Our open day on 18th January went well, it was busy with people having a look around. We have had a couple of referrals from that which is good.**
- **January can be a difficult month for some people, the dark nights and the cold weather. We hope having your time at the Day Centre has made January pass quickly for you. We had some entertainers in this month, Tony the Pianoman with his music quiz, Davy Strang with his accordion and Kenny and Norma with their sing along!**
- **The Whiteboard that we fundraised for is now on the wall! All the staff are getting used to it, we hope your enjoying seeing different things we can do. If you have any ideas, please let us know!**
- **We have had the kitchen painted, it looks lovely and fresh now! Next up is the diningroom, we are waiting for the painter to get back to us with a date.**

Outreach News

- **After extending the closing date for the position of Outreach Lead support worker, we have now made the decision on who to add to the team. Her name is Helena and she will be starting with us in March. Please be patient with us while we show Helena the ropes! We will keep you updated.**

Members Information

- **Only one birthday in January, Fanny celebrated at the Day Centre with cake as standard! Everyone sang happy birthday too.**
- **If you are feeling unwell, we recommend you stay at home.**
- **As more people attend the Day Centre it means we must do 2 bus runs as we can't fit everyone on at one time! This can then affect your pick up or drop off time, we try to keep everyone to the same route but sometimes things have to be changed at short notice.**
- **We are hoping to get some outings planned, if anyone has any suggestions then please let us know!**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk