



Dunbar Day Centre Newsletter March 2025

Day Centre News

- **Spring has arrived! Fingers crossed for some lovely sunshine. The tulips and daffodils have sprouted and adding some colour to the garden.**
- **We had a couple of new entertainers in March, Alex Hodgson from Prestonpans was wonderful! He had everyone singing along and laughing too. The Merry Ukes from Macmerry, they are a Ukulele Club. Well received by all our members too! We also had Kenny and Norma, David Strang, Raymond Williams and Stewart Glass with their singing.**
- **We had a visit from North Berwick Beach Wheelchairs. They brought a selection of wheelchairs and walkers that can be used on the beach. We look forward to getting down to the beach with assistance!**
- **Bethan, the Chiropodist will be in the Day Centre on Tuesday 6th of May at 1pm.**
- **Please note the Day Centre will be closed on Friday 18th April and Monday 21st April, this is Good Friday and Easter Monday.**
- **The painting of the exterior of the building has started! The diningroom has also had the ceiling painted, that will be finished once the outside has been done.**

Outreach News

- **Now that Helena has settled in and got to know all the Outreach users, she will be going through the waiting list to sort some more visits. Thank you for being patient with us!**
- **Helena has made up a book with ideas on what can be done with your time on Outreach, she has lots of great ideas!**

Members Information

- **We had 3 birthdays in March, as always there was the happy birthday song and cakes!**
- **We have had a few new members starting recently, they all are settling in well and enjoying meeting all the regulars.**
- **The Day Centre is getting busy, and more people are attending. Spaces are limited, so we have opened a waiting list for specific days.**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk