



Dunbar Day Centre Newsletter August 2025

Day Centre News

- **Summer 2025 has been the warmest on record for the UK! We are hoping summer hasn't quite ended and we have a smooth transition into Autumn.**
- **We have had Kenny and Norma with their sing a long, it was a country theme this time! We also had the wonderful Raymond Williams singing, Tony the piano man with his music quiz and a first visit from Dunbar Ukulele Band, another busy month!**
- **Bethan the Chiropodist will be back on Tuesday 21st October, if you are interested in an appointment with her please get in touch.**
- **The Day Centre continues to be busy; we currently have a waiting list of new people.**
- **The Day Centre office is being refurbished, we can't wait for it to be finished! There may be slight disruption, we will try to keep this to the minimum.**
- **Stuart and Amanda, friends of the Day Centre, are doing the Kilt Walk in aid of the Day Centre! They are doing the Mighty Stride which is 21 miles. This is on Sunday the 14th of September. We have shared the fundraising link on our Facebook page.**

Outreach News

- **Helena has added another day to her working week; this is to accommodate the demand for Outreach.**
- **Hannah Nadia and Helena have been out and about, North Berwick to watch tennis, walks to the bear statue and round the harbour enjoying the glorious weather we have been having.**

Members Information

- **We had a couple of birthdays in August, always celebrated with cake and a song!**
- **Tom Mills and family have decided he will remain at home. He's been attending the Day Centre for many years and made many friends!**
- **Alzheimer Scotland have launched Safe Connect in partnership with Police Scotland. The Safe Connect is a small yellow device that can be carried or attached to clothing. It holds secure emergency contact details and can be scanned with a smart phone. If you think this will be helpful for you, please get in touch and we can help you arrange this.**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk