



Dunbar Day Centre Newsletter July 2025

Day Centre News

- **The weather in July has been lovely, hopefully August will be the same.**
- **Storm Floris hit on Monday 4th August, we decided to take no risks and close for the day. Thankfully the wind didn't seem to be as bad as expected!**
- **We have had a variety of entertainment this month, Alec Hodgson with his singing and jokes! We also had Davy Strang, Tony the Pianoman and Stewart Glass.**
- **There were two trips to the beach wheelchairs in North Berwick. Everyone had a great time! For some it was their first time on the beach in years. We are hoping to arrange more visits so everyone can get a chance, staff holidays are making that a bit difficult at the moment.**
- **Bethan the Chiropodist was in on Tuesday the 5th August, she will be returning on Tuesday 21st of October. If you are interested in an appointment with Bethan at the Day Centre, please get in touch.**
- **The Day Centre is full every day, and we now have a waiting list with several new people waiting for a space.**

Outreach News

- **Helena, Nadia and Hannah are keeping busy with their Outreach visits with lovely walks in the sunshine, trips to Lucas in Musselburgh for ice cream and trips to Marks and Spencer for food shopping too.**

Members Information

- **8 birthdays in July! That's a lot of cake. We have now perfected the Happy Birthday song after all that practice.**
- **Alzheimer Scotland have launched SafeConnect in partnership with Police Scotland. The SafeConnect is a small yellow device that can be carried or attached to clothing. It holds secure emergency contact details and can be scanned with a smart phone. If you think this will be helpful for you, please get in touch and we can help you arrange this.**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk