



Dunbar Day Centre Newsletter May 2025

Day Centre News

- **May has had some fantastic weather! Long may it continue.**
- **The Moving and Handling training course has been rescheduled for Thursday 19th of June. The Day Centre will be closed for this. We apologise for any inconvenience this may cause.**
- **The entertainment in May has been great as usual! We had Glenkinchie, Stewart Glass and Davy Strang.**
- **Bethan the Chiropodist will be back on Tuesday the 5th of August, mark it in your diary! Bethan is having 3 weeks holiday, so it is longer between appointments this time.**
- **We have had the garden tidied up; it will now be easier for us to keep on top of. Now we just need some lovely weather to help the flowers grow!**
- **We had a little outing on Friday the 2nd of May. A small group went to North Berwick Lodge Gardens. We took flasks so we could have a cuppa and some pain au chocolat for a wee snack. The weather was lovely, and it was nice to be outside. Nice to see the birds in the Avery too.**

Outreach News

- **Helena has been busy scheduling the Outreach, everyone who requested now has some time allocated.**
- **Please note there will be no Outreach on Thursday 19th of June due to mandatory staff training.**

Members Information

- **Just the 2 birthdays in May, we celebrated with cake and sang happy birthday.**
- **Welcome to Robin, who joined us in May. Settling in well and getting to know everyone. Welcome back to Rita and Olive too!**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk