



Dunbar Day Centre Newsletter November 2025

Day Centre News

- **The afternoon tea held on Saturday 29th November by the trustees, with help from staff, was a great success! All together the amount raised was £333.60. This money will go towards supporting our service. Thank you to all who came along or contributed in some way, we appreciate it very much!**
- **For November's entertainment we had Raymond Williams singing, Davy Strang with his accordion and Tony the piano man with his music quiz! We also played curling, different kinds of bingo and coloured some snowflakes for our wreath.**
- **Bethan the Chiropodist will be back on Tuesday 13th January 2026, if you are interested in an appointment with her, please get in touch.**
- **It is now winter! It's getting colder, please wrap up warm!**
- **The Day Centre will be closed Thursday 25th December 2025 and reopen on Monday 5th January 2026.**

Outreach News

- Helena has been to St Abbs for a walk, Binning wood for more walks, and Pressmennan woods for another walk! Outreach has been lucky with the weather; we hope that continues. Helena has also helped with getting a birthday card as a surprise, trips to the Garden Centre to listen to the live music and helping people get to their appointments too. If there is anything you would like to do when on Outreach, please let Helena Nadia or Hannah know.

Members Information

- Only 2 birthdays in November, Rita and Bob. We all sang happy birthday and had cake too.
- We are having 2 Christmas parties this year to ensure everyone can attend at least one of them! Friday 12th December is our first one, if this is your usual day to attend then you don't need to do anything! Invites have been sent out to those who wouldn't normally be at the day Centre on this day. Wednesday 17th December is the second party, again if this is your usual day to attend then you don't need to do anything. Our bus will pick everyone up, but times may differ from your usual time due to having more people to pick up.

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk