



Dunbar Day Centre Newsletter October 2025

Day Centre News

- **On the 10th of October our support worker Gemma got married! All the staff had a lovely time celebrating with the happy couple. Gemma thanks everyone for their well wishes in the card signed by all Day Centre members.**
- **This month we have had Davy Strang with his accordion, Alec Hodgson with his guitar, Tony the pianoman with his music quiz and Stewart Glass with his guitar! Also, a small group went for a tour of Belhaven Brewery with Helena and Tim the bus driver, everyone seemed to enjoy their visit. Chris the storyteller came in to tell us some Halloween stories!**
- **Bethan the Chiropodist will be back on Tuesday 13th January 2026, if you are interested in an appointment with her, please get in touch.**
- **We have completed our Autumn bunting, members and staff all chipped in with this. Hanging pride of place in the lounge.**
- **The Day Centre will be closed 25th December 2025 and reopen on 5th January 2026.**

Fundraising News!

- **Saturday 29th November the Trustees are hosting a St Andrews Day afternoon tea in the Day Centre. Tickets are priced at £8 pp, limited tickets so Day Centre members get first refusal. Call us on 01368 862843 to secure yours! Payment can be made by cash or debit card. There will also be a raffle on the day at 50p per strip.**

Outreach News

- **Helena, Hannah and Nadia are busy with Outreach visits, if you have a suggestion on what you would like to do, please let them know. As the weather changes outdoor activities may be restricted, unless you have really good waterproofs!**

Members Information

- **Robin, Kenny and Tom all celebrated birthdays this month. We also had Hannahs 30th birthday to celebrate! Lots of cake in October.**
- **Alzheimer Scotland have launched Safe Connect in partnership with Police Scotland. The Safe Connect is a small yellow device that can be carried or attached to clothing. It holds secure emergency contact details and can be scanned with a smart phone. If you think this will be helpful for you, please get in touch and we can help you arrange this. We have some available in the Day Centre. Please note, this is not a tracker.**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk