



Dunbar Day Centre Newsletter February 2026

Day Centre News

- **We have seen an improvement in the weather; we thought it was never going to stop raining! The daffodils are growing and spring is around the corner.**
- **This year the Day Centre is turning 50 years old! We have taken over the Be Green window on the high street to promote this, we will be adding things through the month, have a look if you are passing!**
- **If you are unwell, please do not attend the Day Centre, this is stated in the Service User Agreement. There are many bugs at this time of year, and we would like to reduce the spread in the Day Centre, thank you for understanding.**
- **In February we had the Dunbar Highland Dancers doing some dances for us, 8 youngsters with the youngest 6 years old! They really were wonderful; we hope to have them back in the Easter holidays. Kenny and Norma were in singing for us with a Scottish theme, Stewart Glass with his guitar and Tony Smith with his music quiz! Alex Hodgson was in at the start of the month singing for us too.**

Outreach News

- **Helena went to the scrabble group for Outreach, this is held in the library on a Tuesday at 11am. Nadia has been helping old friends reconnect! Hannah has been out and about for walks round Dunbar and going for drive through cuppas.**

Members Information

- **We had 2 birthdays in February, Bob and Betty, we sang happy birthday and had cake too.**
- **Sometimes the staff may need to ask you to sit in a particular seat on the bus, this is to make it easier when we are doing one bus run, so people aren't having to move to let people off.**
- **We may ask you to use the hand gel/wash your hands more often, this is just a precaution due to the winter bugs.**
- **As more people attend the Day Centre things sometimes have to change, the bus route is one of them. We cannot guarantee pickup times due to other factors, the time is always estimated.**
- **Bethan the chiropodist is back on 24th March 2026**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk