



Dunbar Day Centre Newsletter March 2026

Day Centre News

- **Spring has sprung! The Daffodils and the tulips are out, nice to have some colour in the garden again!**
- **We have taken the display out the window of Be Green now, it may be popping up in another window soon..... we will keep you Up to Date with any plans we have for celebrating 50 years of the Day Centre.**
- **The entertainment this month has been excellent as usual! We had Davy Strang with his accordion, Alex Hodgson with his guitar, Stewart Glass also with his guitar, Tony Smith with his keyboard for the music quiz and Kenny and Norma singing country theme, it has been a busy month! We also had a trip out, the sun was shining so Gemma decided on a wee drive to North Berwick, everyone enjoyed it.**
- **If you have any ideas on what you would like to do at the Day Centre, please let a member of staff know, we would love to make it happen.**
- **Thanks to Dunbar Pet Food for the donation of seed for our bird feeder, we love to see the birds filling up!**

Outreach News

- **Helena has been out to the Ornithologist Club in Aberlady seeing the bird watching facilities. A trip out to the charity shops too. Davy has been keeping someone company and got them a fish supper for their lunch. Nadia has been going for drives in the countryside and Hannah has been out for walks enjoying the sunshine.**

Members Information

- **4 birthdays in March, Ray, Terry, Isa and Cath all had cake and we sang Happy Birthday.**
- **As more people attend the Day Centre things sometimes have to change, the bus route is one of them. We cannot guarantee pickup times due to other factors; the time is always estimated. We have a list of who gets picked up every day, we won't forget you.**
- **Bethan the chiropodist is back on Tuesday 26th May 2026.**

Thank you for your continued support. Enquiries can be made to:

01368 862843 or info@dunbardaycentrescio.co.uk